WEEKEND RETREAT PLANNER

| PRE-PLANNED | |
|-------------|--|
| EXCUSE: | |

| GOALS: | <u>SCHEDULE</u> SATURDAY | | | | | | |
|----------------------|-----------------------------|---------|--------|----------------|---------|-------|--|
| ACTIVE 1 | | | | | | | |
| | | MORNING | MIDDAY | AFTER- NOON | EVENING | NIGHT | |
| 2 | ACTIVE GOAL #1 | | | | | | |
| 3 | ACTIVE GOAL #2 | | | | | | |
| PASSIVE | ACTIVE GOAL #3 | | | | | | |
| 1 | PASSIVE GOAL #1 | | | | | | |
| 2 | PASSIVE GOAL #2 | | | | | | |
| 3 | PASSIVE GOAL #3 | | | | | | |
| | SUNDAY | , | | | • | | |
| INSPIRATION SOURCES: | | MORNING | MIDDAY | AFTED | EVENING | NIGHT | |
| | | MORNING | MIDDAY | AFTER- NOON | EVENING | NIGHT | |
| | ACTIVE GOAL #1 | | | | | | |
| | ACTIVE GOAL #2 | | | | | | |
| | ACTIVE GOAL #3 | | | | | | |
| | PASSIVE GOAL #1 | | | | | | |
| | PASSIVE GOAL #2 | | | | | | |
| | PASSIVE | | | | | | |